



WorriedAboutMemoryLoss.com

NEWS RELEASE

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Contact: Micki Horst
Michigan Public Health Institute
(517) 324-7318

Normal Aging and Dementia: Know the Signs

Michigan Dementia Coalition – Many people worry about dementia when they begin suffering symptoms of normal aging. There are signs to look for to indicate memory loss is more than the natural aging process.

“Memory loss is not a part of normal aging. As we get older, there is some change in our memory. As we age, it may take longer to remember things or recall information.” Said _____. “While it's normal to forget appointments, names or telephone numbers, those with dementia will forget such things more often and not remember them later.”

People with dementia experience difficulties with communicating, learning, thinking and reasoning a problem severe enough to have an impact on an individual's work, social activities and family life.

“Dementia is impairment in thinking abilities that persists long enough and is severe enough to interfere with daily functioning.” Said _____. “There are 10 warning signs of dementia that every person should be aware of. Documenting memory loss and talking with your physician are steps to take to help with diagnosis.”

The Michigan Dementia Coalition is the coordinator of a statewide public awareness campaign focusing on dementia and memory loss. WorriedAboutMemoryLoss.com is an education campaign showcasing the facts of memory loss and dementia and resources available in Michigan for patients and caregivers.

For more information online connect to www.WorriedAboutMemoryLoss.com or call 1-800 ----- (alz number) for services in Michigan. For more information on the Michigan Dementia Coalition contact Micki Horst, Michigan Public Health Institute, at (517) 324-7318.

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